Loomis Basin Horsemen's Association P.O. Box 2326 Loomis CA 95650

Volume 29 Issue 4

April 2013

PRESIDENTS MESSAGE by Denise Howell

Newsletter Highlights:

- Traylor Ranch Pg 2
- March Minutes Pg 3
- Membership & Ad Fees
 Pg 4
- Dr. Barsaleau, D.V.M. Pg 5, 6
- Hidden Falls Grand Opening Pg 7
- The Equine Mind Pg 8, 9
- Membership Forms Pg 10
- Next Meeting
 Pg 11

Howdy All,

Here it is April. Easter has come and gone and the kids are back in school awaiting the summer break. Our horses are shedding their coats and hopefully (under Dr. De La Cruz strict orders) not eating too much of that rich green grass we see everywhere in our beautiful, lush foothills.

Speaking of Dr. De La Cruz, he was our guest speaker at the March meeting and stayed after the meeting was over to answer questions about his favorite topic, feet. We all learned a lot about founder/laminitis and things to do in a founder situation. I think my favorite part of his discussion was about abscesses and whether or not to soak. Dr. De La Cruz is not a pro soak guy. This was music to my ears as I have spent many hours soaking abscessed feet with water all over me and the barn, Epsom salts in my hair and a bucket on my head. His theory is that the foot when soaked expands and then quickly contracts after the soak which is not good. He suggests using a soaking pad, a baby diaper and duct tape (elasticon is preferred but expensive) and leaving it on and replacing. I keep a bag of disposable diapers, infant size on hand and have found that they come in handy for a temporary boot to ride in my arena when I lose a shoe and can't stand to miss a training session. They keep the hoof from chipping away before my very dependable farrier pulls into my driveway. Thank you Dr. De La Cruz for giving me "permission" not to soak!

We're on the countdown to Horse Expo and our 2 annual Horse Shows. We do need volunteers. Without you, we can't run our association and we've been able to "give back" to the community through our fun fundraisers. We need you. Please email or call any one of us on the board and we'll get you to the right person. When you sign up early you get to pick your job or shift. Call Now!!

Workdays have begun on Traylor Ranch every 4th Saturday of the month. Dave Faoro can be seen out there stomping around, driving the tractor and now using our new handy dandy weed trimmer that no longer needs to be carried. A back saving device to say the least.

Enjoy the trails. Be safe.

Tally Whoa,

Denise Howell & Beethoven

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK, TRAYLOR RANCH AND THE RURAL LIFESTYLE

2012 OFFICERS AND BOARD MEMBERS

COMMITTE HEADS

PRESIDENT:	Denise Howell	916-207-2543
VICE PRES:	Maureen Henderson	916-663-9362
TREASURER:	Donna Kelly	916-956-6248
SECRETARY:	Nancy Steuck	916-645-9659

BOARD OF DIRECTORS

Dave Faoro	916-663-3437		
Bob Sydnor	916-335-1441		
Janis Rau	916-652-0894		
Ricky Johnson	916-778-9748		
Debbie Murphy	916-719-6265		

COMMITTEE HEADS

- la - at O. . d. - a.

I rail Into.	Robert Sydnor	916 335-1441		
Trail Maint.	OPEN	Open		
Historian	Donna Kelly	916 956-6248		
Publicity-	Linda Taricco	916-645-2461		
Horseshow	Janis Rau	916-652-0894		
Traylor Ranc	h NR Dave Faoro	916-663-3437		
County Liaison-Trails Open				
Newsletter	Denise Howell	916-207-2543		
Arena	Kathy Dombrowski	916 652-5204		
Membership	Kathy Dombrowski	916 652-5204		

PLACER COUNTY PARKS ADMINISTRATOR

John Ramirez 530 889-6807

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields District
Scott Nakagi 916 988-0205 ext 226
Brian Moses (trails) 916 240-7198
State Parks Dispatch 916 358-1300
(Call above number for incidents in State Parks)

A Horseman should know neither fear, nor anger. ~James Rarey





TRAYLOR RANCH NATURE RESERVE

We just completed out first workday at Traylor Ranch Nature Reserve on Saturday March 23. It was a perfect day to kick off the season.

The grasses hadn't gotten out of hand so we were able to cover all the trails and picnic areas.

We had three tractors this month, Linda Potter and I with an extra Tractor this month from Clelia Jocoy a neighbor. This allowed us to cover more territory.

Thanks again to our "core" team Jerry Potter on Weedwacker and Mary WestFall and Jennifer Wright hauling a wheelbarrow around filling gopher holes and Shawna Martinez on pruning duty. Thanks to those of you who donate money to TRNR, we purchased a walk behind weed trimmer. Maureen Henderson broke it in and covered alot of territory. It is one powerful tool.

The trails are in good shape. Ready and waiting for your enjoyment.

Our next work day as usual is the fourth saturday of the month, which is Saturday April 27 from 8-12am. Please mark your calendar now. The grass typically grows alot the month of April. We will need help on the weed-wackers. I expect the berries will be starting to grow.

If anyone has any questions on TRNR, please don't hesitate to drop me a note.

Dave Faoro
TRNR Committee Chariman
dave lbha@faoro.us (916) 663-3437

Minutes

Correction in the February Minutes: "Kathie Perry, president of the Western States Trails, gave a report on the state of the Tevis Trail. Her association has been active in advancing a Senate Bill that would designate the trail as a "National Historic Trail." In addition, she addressed the problems that many of the previous equestrian trails are now being designated as "multi use" trails. She stated that all the trails in State Parks are now multi use. She encouraged letter writing by members to address these issues."

To read: "Kathie Perry, president of the Western States Trails, gave a report on the state of the Tevis Trail. Her association has been active in advancing a Senate Bill that would designate the trail as a "National Historic Trail." In addition, she addressed the problems that any new equestrian trails will be designated as "multi use" trails. Previous trails will remain the same. She stated that all the trails in State Parks are now multi use. She encouraged letter writing by members to address these issues.

Loomis Basin Horseman's Association Minutes March 20,2013 Round Table Pizza Meeting Room

The meeting was called to order at 7:00 PM by President Denise Howell.

There was no treasurer's report.

Dave Faoro reminded members that this Saturday March 23 at 8:00 AM will begin the once a month cleanup of Traylor Ranch. The cleanup and maintenance day will be the 4th Saturday of each month. Volunteers are asked to bring weed whackers and any hand tools for trimming.

Bob Sydnor reported on Dr Richard Barsaleau's memorial.

Bob also gave a short report on the Endurance Ride National Convention in Reno. In addition, he stated that the Tevis Trail Crew is currently working on the El Dorado trails area. There are some safety concerns due to the narrow width of the trails.

Denise introduced our special guest speaker, Dr. Eduardo De La Cruz, DVM who gave an extremely informative lecture on the equine hoof. He covered horse and limb anatomy, proper hoof balance, abscesses, founder/laminitis and EHV-1.

Maureen Henderson announced that she's seeking volunteers for the 2013 Horse Expo. Please contact her if interested.

Meeting adjourned at 8:25PM

Nancy Steuck Secretary





Please Renew Today!

MEMBERSHIP

There are many of you that have DEC 12 expiration dates for your membership and a few that had memberships that expired JUN 12. Would love for all to renew so they can keep the club strong. The list of those that need to renew for Jun 12 and Dec 12 can be found at:

http://www.garlic.com/~lbha/NeedToRenew.pdf

This link is found on the main LBHA Page throughout the year. So if you are not sure, check out the list. There is also a list of those that did not renew in DEC 10. If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.



AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month ½ page: 1 year \$60 Includes Business card on Website. ½ page: 6 mos \$30

Business Card Ad per issue: \$10 / issue Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1 Full Page Ad: \$25

½ Page Ad: \$15

Business Card Ad: \$10 - Free for LBHA Business Members

WEB ADS

Business Card Ad – one year Members \$40 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members





Memorial Service and Eulogy for Dr. Richard Barsaleau, D.V.M.

Honorary Member of Loomis Basin Horsemen's Association March 16, 2013 in Loomis

by Robert H. Sydnor, LBHA Board Member











Dr. Richard Barsaleau passed away in his sleep on February 12, 2013 at age 87. He is survived by his four children, Mark, Robin, Mary and Dean; his two younger brothers Jack and Warren; seven grandchildren; and ten great-grandchildren. His wife of 42 year, Maggie, predeceased him on February 14, 2012.

Dr. Barsaleau lived a long and exciting life as a Marine, as a Veterinarian, as a Cowboy-Poet, and as a Tevis Rider.

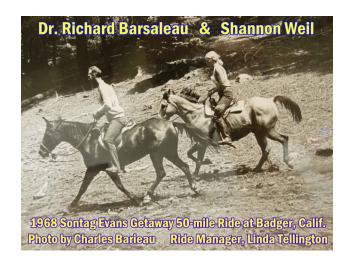
He lived the last four decades of his life in the Loomis Basin, and was a founding member of the Loomis Basin Horsemen's Association. Several years ago, LBHA Board of Directors elevated him to Honorary Membership status. At his memorial service held at the Blue Goose in Loomis on March 15, 2013, the LBHA eulogy was delivered by Robert Sydnor, since the two were long-time friends.

He was born in 1925 in Pennsylvania, the son of a professional cavalryman and horseman. He served proudly in the U.S. Marine Corps fighting in the Pacific during World War II in Tinian and Saipan. After the war, he attended Colorado State University where he earned his Doctor of Veterinary Medicine degree in 1952.

Dr. Barsaleau worked as an equestrian veterinarian in equine breeding farms in Southern California, then to San Luis Obispo, Visalia, and finally settling in Newcastle. For many decades he taught veterinary technician classes at Cosumnes River College while simultaneously practicing in the Loomis Basin.

As the founding Tevis Veterinarian, Dr. Barsaleau subsequently helped train other equestrian veterinarians in the newly established realm of 50-mile and 100-mile endurance rides for the American Endurance Ride Conference. He was instrumental in the development of the pulse-rate, metabolic, and lameness criteria for Tevis and AERC. He loved Tevis so much that he began conditioning for the 100-mile ride for his own horse, and completed 14 out of 16 Tevis rides that he entered (a remarkable achievement). Shown below is the Barsaleau Pavilion at Robie Park that is named in his honor.







Hidden Falls Regional Park Phase II

Grand Opening
Save the Date
May 22 at 11 am
7587 Mears Place

North of Mount Vernon Road between Auburn and Lincoln
Watch For Your Invitation
For More Information Contact:
Parks Administrator
John Ramirez at 530-889-6807

J & K Horse Blanket Cleaning and Repair



Kathy Grech 530.263.4078 gertieshouse@sbcglobal.net

- Blankets
- Sheets
- Coolers
- Hoods
- Splint Boots *
- Bell Boots *
- Shipping Boots *
- **Trailer Screens**
- Trail Packs
- Repair Velcro
- ** Waterproofing Available

Drop off Locations:

Echo Valley Feed Scott's Corner Feed Christensen's **Superior Feed** McCourtney Road Equestrian Center

Pick up services available

**Only quality materials and hardware used in repairs. We build heavy elastic leg straps so no stretching out of shape.



The Equine Mind: Top 10 Things to Know

by: Erica Larson, News Editor

March 24 2012, Article # 19734

"Why does he do that?" "What is she so scared of ... there's nothing there!" Most—if not all—horse owners have been there and asked those questions. Even though we don't always understand equine behavior, there's got to be a reason behind it, right? Absolutely. Horses' behaviors date back to equine evolution, and horse owners greatly benefit from an understanding what goes on in a horse's brain, according to one veterinarian. At the 2012 Western Veterinary Conference, held Feb. 19-23 in Las Vegas, Nev., Robert Miller, DVM, a former equine practitioner from Thousand Oaks, Calif., relayed the top 10 things horse owners, caretakers, and riders should understand about how the equine mind functions.

"There are 10 genetically predetermined behavioral qualities unique to the horse that have been established by natural selection over the 50 million-year period during which the horse evolved," Miller began. "Failure to understand these qualities makes it impossible to have optimum communication with horses."

- 1. Flight—"We tend to attribute the flightiness of a horse as stupidity," Miller said, but when horses spook and run from things, it's simply their innate instincts kicking in. He explained that unlike the majority of prey animals that depend on horns, tusks, or antlers for defense, the only mechanism horses are armed with—their "life-saving" behavior—is the ability to run. The following nine qualities, Miller said, stem from the horse's flight response.
- 2. Perception—"The horse is the most perceptive of all domestic animals," Miller said, adding that this quality allowed for the quick detection and escape from predators in the wild. He gave examples using the five senses:
- o Smell—Miller said horses have an "excellent" sense of smell.
- o Hearing—"The horse's range of hearing is far beyond that of a human ear," he said. Additionally, he noted, the ears swivel, giving the horse the ability to pinpoint where sounds originate. This was critical for survival in the wild.
- o Touch—"A horse's sense of touch is extremely delicate," Miller said, which is why an ill-placed saddle pad or a single fly can cause extreme irritation. "The sense we have in our fingertips is what the horse has all over his body."
- o Taste—Ever tried to sneak Bute or a new supplement into a horse's feed, only to have him turn up his nose? Horses have a very tactful sense of taste. When grazing in the wild, it's important for horses to differentiate between good grass and moldy forage.

Sight—The sense that varies most from ours is the horse's eyesight. While horses' depth perception isn't particularly strong, other factors enable them to "see things we're not even aware of," Miller said. The horse's laterally placed eyes allow for nearly 360â• ° vision, a crucial survival mechanism for the wild equid. Additionally, Miller noted the horse has superb night vision and sees in muted, pastel colors during the day. The equine focusing system is also different from humans, he said. When a human eye transitions from focusing on close-up objects to far away objects, it takes one and a half to two seconds to adjust (Miller encouraged attendees to try it—look at something close up and then look at something far away, and try to focus on how long it takes the eyes to focus). Horses, on the other hand, make the transition seamlessly. This is because different parts of the eye have different focusing capabilities. Horses use the top portion of their eyes to see up close, which is why they often lower their heads when investigating something. The lower portion of the eye sees far away, which is why the animal will raise his head when looking at something in the distance; when the horse holds his head up high, he's considered to be in the flight position.

LBHA NEWSLETTER

Page 9

(Cont'd from Pg 8)

- 3. **Reaction Time**—Miller said horses might have the fastest reaction time of any domestic animal, which likely results from evolving with flight as their main defense mechanism. To illustrate the concept, Miller showed video clips of Portuguese bull fighting and cutting horses working cattle, in which attendees could clearly visualize that although the bovines made the first move, the horse always countered and arrived at the destination first. While a fast reaction time is quite useful for escaping predators, it can also be dangerous for humans working around horses. "It's important that we, who make our living with horses, expect their reaction time," Miller stressed. "If (a horse) really wants to strike or kick you, you can't get out of the way fast enough."
- 4. **Desensitization**—Although it's equine nature to be flighty and sometimes timid, Miller said that horses appear to be desensitized faster than any other domestic animal. "If an animal depends on flight to stay alive, and if they couldn't rapidly desensitize to things that aren't really frightening or dangerous, they'd never stop running," he explained. As long as the horse learns the frightening stimulus doesn't actually hurt them, the majority will become desensitized, he said.
- 5. **Learning**—Miller believes "the horse is the fastest learner of all domestic animals—including children. If you stay alive by running away, you better learn fast."
- 6. **Memory**—The horse's memory is infallible, Miller said. One of the best memories in the animal kingdom, he noted, horses are second only to the elephant in this department.
- 7. **Dominance**—Equine dominance is not based on brute strength, Miller explained, which is why humans can become dominant figures in a horse's mind. He related an example of a horse herd in which an older mare is typically the boss. While these mares generally aren't in poor physical condition, they're certainly not the strongest herd member physically.
- 8. **Movement Control**—What horses do look for in a dominant figure is movement control. Matriarch mares, for instance, assert their dominance by either forcing or inhibiting movement, Miller said, which allows a human to step in as a dominant figure. Miller suggested a quick way for a veterinarian to assert dominance over a horse for safer examinations and treatments: Before treatment, walk the horse in a few small circles. This forces movement and asserts dominance.
- 9. **Body Language**—Unlike humans, who can express their feelings through words, horses rely on body language, Miller said. "If we are to be competent horse handlers we must be able to understand and mimic the body language of the horse," he explained.
- 10. Precocial Birth—Horses are born in a precocial state, meaning that shortly after birth they possess the ability to move, eat, flee, and follow, and all of their senses and neurologic functions are mature, Miller said. What does this mean for a human? Aside from providing enjoyment in watching a young foal gallop and buck excitedly around a pasture, it tells us that the horse's critical learning period takes place shortly after parturition. Thus, Miller recommends socializing and imprinting foals in the very early stages of life.

Of course, every horse is different and should be treated as an individual. That said, having a basic understanding of *why* a horse functions the way he does provides equestrians with the knowledge needed to forge a strong relationship with the animal and also stay safe when working around him.



MEMBERSHIP FORM LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Life-

FAMILY (\$15)FAMILY (\$20)	BUSINESS (\$25) Please submit business card for
Roster NEW MEMBERSHIP RENEWAL	
PLEASE INDICATE COMMITTEE(S) YOU Would Like to Serve On Arena Trail Publicity Newsletter Horseshow Work Days	CHECK AREAS OF INTEREST Trail Riding Western Horseshows Dressage Dressage Roping/Cutting Other
I would like to contribute to the Equestrian Fund or to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis BasinCommunityy Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.	tend or to the Traylor Ranch uctible and will be used for construction in Communityy Park, and for Maintepkeep of the Traylor Ranch Nature
TRAILER PARKING KEYS: Keys are available to members at \$500 and \$10 to non-LBHA members. Check here If you need a Key	e to members at \$500 and \$10 to non-
KEY NUMBER to be filled in by LBHA)	
Name	Date
Business name:	Juniors
Address	Juniors
City	
Phone	
AMOUNT ENCLOSED for DUES, TRAIL/ARENA FUND, Or KEYS	Make Checks out to LBHA and mail to:
TRAYLOR RANCH FUND (Please make out a separate check)	LBHA P.O. Box 2326 Loomis CA 95650

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. IHEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have

materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my hears it.

AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME. Signature(s)

Age, if minor	rent or Guardian must sign	nt or Guardian:
	, Parent	Parent
(s)	minor	of
Vame	EF m	Vame

LBHA NEWSLETTER



Blanket Repairs R Us

We Wash and Repair Horse Blankets



We Service

Blankets — Hoods — Sheets — Coolers — Saddle Pads — Stall Drapes

Barn Rags — And much More

Washing & Repairs

♦ Heavy Wash ♦ Waterproofing ♦ Anti-Fungal Washes ♦ Replace Hardware Pickup and Delivery Available to your Home or Ranch

(fee may apply, with TEN or

more blankets NO FEE charged)

Contact: Vonnie Bays - Owner / manager

697 Havenwood Drive, Lincoln, CA 95648 916 645-9000 LVBAYS@wavecable.com

Next Meeting

APRIL LBHA MEETING - APRIL 17 - Round Table Pizza in Loomis. Eat at 6:30. Meet at 7:00. State Parks- Folsom SRA Rangers to speak on the state of the parks and answer questions.

MAY LBHA MEETING - MAY 15 - Round Table Pizza in Loomis. Eat at 6:30. Meet at 7:00. Back country horsemen president Mike Kohlbake.

Stall with paddock available at private barn in Lincoln/Newcastle area. 85'x135' Covered arena. Grass hay fed twice daily. Contact Nancy (916)645-9659



Lazy U Ranch

Massage Therapy

Tammy Haas
Certified Massage Practioner

2610 Swetzer Rd Loomis, CA 95650

916-947-4492



Dean and Denise Howell "The Howell Team" Real Estate Specialists

DRE #s 00982650 & 01110357 dean.howell@cbnorcal.com denise.howell@cbnorcal.com M. 916.599.9338 M. 916.207.2543 500 Auburn Folsom Rd., Ste 300., Auburn, CA 95603



deananddenise.com



LBHA NEWSLETTER







From the Loomis Basin Horsemen's Association

Renew your membership.

www.garlic.com/~lbha/NeedToRenew.pdf

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's **Association** P.O. Box 2326 Loomis CA 95650

E-MAIL: Ibha@garlic.com

We're on the Web!

www.garlic.com/~lbha Get Info on **Trails** The Arena at the Park **Meetings** Clinics Traylor Ranch LBHA Horseshow

