Volume 31 Issue I

JANUARY 2015

Newsletter

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PRESIDENTS MESSAGE by Maurine Henderson

Happy New Year to Everyone!

By way of introduction, my name is Maureen Henderson, and I am your new President.

First of all, I would like to thank our outgoing Board members for their services over the past year, and for each of them, for many years. They are our Past President, Denise Howell, Secretary, Nancy Steuck, Board Members Bob Sydnor and Janis Rau. I would like to welcome our new Officers, Vice-President Pat Gibbs and Secretary, Lisa Horning and new board members, Liz Daffner, Judie Lew and Betty Pfiefer. I am excited that some of our members have stepped forward to continue making our organization one that we and our community can be proud of.

As your President, I am hoping to continue the good work this organization has done since it was first formed in 1984. Of Course, the main focus for LBHA has been trails within the Loomis Basin. This is the area in which LBHA has been most active. In today's world, we need to be more diligent than ever in protecting what we have fought for in the past. During the building boom it was important that we stayed informed about new developments, making sure that equestrian easements were placed within their boundaries so that riders would continue to have access to the Folsom Lake State Recreation Area. Sterling Point and the Lomida Trail are two prime examples of what we fought for. Today, with development having slowed, we have a newer threat to losing our trails. This is due to the introduction of the sport of mountain biking. Due to cutbacks in funding, there is even more demand for existing trail use and we no longer have the luxury of having "equestrian" trails. Now, and in the future, all trails constructed will be "multi-use" trails. The mountain bike clubs are working with the State and County Parks to assist with maintaining trails. We, as equestrians, are going to have to step up to the plate and also offer to have work days with the governing agencies to maintain our trails. It is my goal this year to see if we can't make that happen. As a group we can have a loud voice about our trails, especially if we are united and show that we can work with the mountain bike groups. So, looking forward to a great 2015.

Please come to our monthly meeting and share your ideas of what you would like to see our Club do. Our new board members have some very good ideas for promoting our organization and would like to have your input. See you at the meeting! (I will be on a preplanned vacation for our January meeting, however, our Vice-President, Pat Gibbs will preside at this meeting.)

Maureen Henderson

Email to LBHA has been changed! LBHA@garlic.com

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK, TRAYLOR RANCH AND THE RURAL LIFESTYLE

2015 OFFICERS AND BOARD MEMBERS

COMMITTE HEADS

PRESIDENT:Maureen Henderson916-663-9362VICE PRES:Pat Gibbs916-765-3006TREASURER:Donna Kelly916-956-6248

SECRETARY: Lisa Horning

BOARD OF DIRECTORS

Membership

Dave Faoro 916-663-3437

Judy Lew

Liz Daffner 916-708-1244 Kathy Dombrowski 916-652-5204 Debbie Murphy 916-719-6265

916 652-5204

COMMITTEE HEADS

Trail Info. Robert Sydnor 916 335-1441 Trail Maint. Open Historian Donna Kelly 916 956-6248 Publicity-Open Horseshow Janis Rau 916-652-0894 Traylor Ranch NR Dave Faoro 916-663-3437 County Liaison-Trails Debbie Murphy 916-719-6265 Newsletter **Denise Howell** 916-207-2543 Kathy Dombrowski Arena 916 652-5204 **Denise Howell** Arena 916-207-2543

PLACER COUNTY PARKS ADMINISTRATOR

Kathy Dombrowski

John Ramirez 530 889-6807

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields District

Scott Nakagi 916 988-0205 ext 226

Brian Moses (trails) 916 240-7198
State Parks Dispatch 916 358-1300

(Call above number for incidents in State Parks)

Youth is when you are allowed to stay up late on New Year's Eve. Middle age is when you are forced to. ~Bill Vaughn



TRAYLOR RANCH NATURE RESERVE

We are done with our workdays for the year. The trails out at the ranch are in good shape, so go out and enjoy. I would like to remind everyone to please pickup after your horse in the parking area. This means hauling the manure home and not forking it to the side of the parking area. And especially do NOT rake out your trailer. And please remind your friends of this that use Traylor Ranch.

Thank you to those who volunteer to help maintain Traylor Ranch. The Ranch is the beautiful accessible place it is due to your efforts. Watch here for notice of our first workday, normally planned for the 4th Saturday of March.

Please members, if your see any issues during this stormy time of year at our Traylor Ranch, call me or send me an email. If it is an emergency, of course, call 911.

Dave Faoro

TRNR Committee Chairman, dave lbha@faoro.us





Minutes Loomis Basin Horseman's Association

December 17, 2014

he meeting was called to order at 7:15 by President Denise Howell.

members introduced themselves and stated what horse related activities they were interested in.

Nominations began for the 2015 LBHA Board of Directors:

President: Maureen Henderson Vice President: Pat Gibbs Donna Kelly, Tre Secretary: Lisa Horning

Board of Director

Liz Daffner Judie Lew Kathy Dombrowski Dave Faoro BettvPfiefer

Committee Heads:

Traylor Ranch: Dave Faoro Publicity: Liz Daffner

County Liaison: Debbie Murphy, Pat Gibbs Arena: Denise Howell, Kathy Dombrowski Horse Show: Janis Rau, Lisa Horning Membership/Sponsorship: Kathy Domorowski

Trails: Bob Sydnor

All nominations were seconded and a vote was taken. Members voted unanimous to appoint the

members to the positions.

A brief discussion was had regarding ideas for future membership activities

The meeting adjourned at 8:0

Nancy Steuck Secretary



Please Renew Today!

MEMBERSHIP

Please renew your membership. The list of those that need to renew for can be found on our website. Click on the "Large" membership button on the Main LBHA page to see the paid up members and the need to renew list. Please renew, we need YOU!

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

Being an LBHA Member is a great way to give back to our community. We thank you in advance. Thank you.

AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month ½ page: 1 year \$60 Includes Business card on Website. ½ page: 6mos \$30

Business Card Ad per issue: \$10 / issue Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1

Full Page Ad: \$25 1/2 Page Ad: \$15

Business Card Ad: \$10 - Free for LBHA Business Members

WEB ADS

Business Card Ad – one year Members \$40 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members





Have Clippers, Will Travel

a safety review for riders performing routine trail maintenance

by Robert H. Sydnor, *AERC Trail Master* January 2015 LBHA Newsletter

Equestrians need about ten-feet of vertical clearance in forested terrain for safety purposes. Besides wearing a helmet, protective eyeware, and ducking under low-hanging tree branches, it is suggested that riders carry clippers and a small 8-inch folding tree-saw in their pommel horn-bags while riding local trails near their stables.

We need more equestrians to be pro-active in regards to trail maintenance and trimming overhead branches. All of us need to perform our fair share of routine maintenance on horse trails. There are <u>no</u> government agencies with experienced and highly-paid trail-maintenance crews that are working in a timely manner to repair, maintain, and upgrade the horse trails that we ride on.

Equestrians need to perform minor trimming on routine rides, and that includes newly-grown overhead branches that could hit riders in the eyes and face. This is a basic safety concern.

Most local hardware stores carry the folding tree saws. You can also search on-line for Corona tree saws. Rig these with brass snap-hooks that hang from D-rings on your cantle and saddle horn.

It is recommended that equestrians on routine rides near their own stables carry with them a horn-bag on their saddle with clippers and a small 8-inch folding tree -saw (shown at right).

If larger tree branches are anticipated, an 18-inch curved tree-saw can easily be carried in a leather scabbard. The leather scabbards for the longer tree saws can be obtained from the *arborist* catalog of Weaver Leather (*not* the equestrian catalog)

http://www.weaverleather.com/flipbooks/2014/arborist/index.html





Generally, our horses do not like pausing for trail maintenance while *out-bound* on a trail-ride. Therefore, it recommended to perform this maintenance work on the *inbound* ride from your stables, after your horse is already fatigued from a long ride and less energetic. Begin with the small overhead branches that are small-sized and suitable for hand-held clippers.

While standing in the stirrups to reach for the overhead branch, check up-and-down the horse trail to ascertain that there are no interruptions or predicaments (from mountain bikers or other horses).

Remember to be the "horse whisperer," and use a *calming voice* while trimming a small branch. Grip the tree branch with your left hand, and cut with your right hand. Then, side-cast the branch far away from the horse trail.

Your energetic horse will soon relax, and cogently realize that he is not going to emotively "die" if a minor branch falls across his withers. *Build trust* ---that the rider in the saddle knows what s/he is doing, and that there is *nothing to fear*. Use a *calming voice* while trimming overhead branches from the saddle; that means no emotive behavior from the rider.

If there is a perceived safety problem, then dismount, then tie-off your horse, trim the branches, and remount. Your horse will notice that he needs to fit into "the new program:" (called trail maintenance). *Praise your horse*, give him a carrot (from your hornbag); then pat his neck when he does the right thing without flinching at a falling tree branch. Horses *want* praise and will quickly learn about trail maintenance. This is *a whole new realm* for them.

If the tree branch or fallen tree is a complicated predicament, then promptly report it to the local agency that owns and maintains the trail system. (For LBHA, these agencies include Auburn State Recreation Area, Placer County Parks, and Folsom Lake State Recreation Area.) Use GPS-tagged photographs or cell-phone photographs. Plot the location on a trail map or reference the nearest milepost.

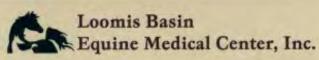
Always provide the approximate diameter of the tree branch. Yes, it is pertinent if the low-hanging branch is 2-inch diameter or 12-inch diameter. It may be advisable (in the case of advanced predicaments) for a ground-based professional trail-crew to return with a long-handled tree-saw, pole-saw, or chainsaw. The right tool?.....yes, it hugely matters.

Be prudent but bold enough to solve the safety problem of small-diameter overhead tree branches. Do not blithely assume that "someone else" is going to take care of the trail safety predicament. Riders can accomplish much while riding along frequently used trails.

"Do what you can, with what you have, where you are." — President Theodore Roosevelt







Office Hours
Monday thru Saturday
8:00am - 6pm

Appointment Hours Monday thru Saturday 9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

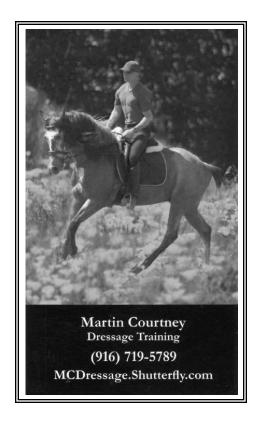
(916) 652-7645

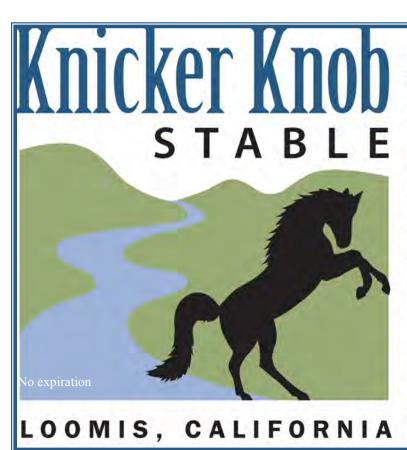
2973 Penryn Road Penryn, CA 95663 Visit us at: Ibemc.com

DOCTORS

Langdon Fielding, DVM, Dipl ACVECC
Catherine Jacobs, DVM
Jill Higgins, DVM
Robert Morgan, DVM
Diana Stolba, DVM
Eduardo DeLaCruz, DVM
Jennifer Mayer, VMD
Emily Wilson, DVM
Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine





Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346 www.knickerknobstable.com Facebook.com/KnickerKnobStable

MEMBERSHIP FORM LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Life-

UAL (\$15)FAMILY (\$20)BUSINESS (\$25)Please submit business card for	. 1	CHECK ARE/ INTEREST		County Liaison English Horseshows Traylor Ranch Endurance	Anywhere Dressage s Roping/Cutting — Other	I would like to contribute to the Equestrian Fund or to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis BasinCommunityy Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.	TRAILER PARKING KEYS: Keys are available to members at \$500 and \$10 to non-LBHA members. Check here If you need a Key	to be filled in by LBHA)	Date	Juniors	Juniors
INDIVIDUAL (\$15)Roster	NEW MEMBERSHIP	PLEASE INDICATE COMMITTEE(S) YOU Would Like to Serve On	Arena Trail	Newsletter	Horseshow Work Days	I would like to contribute Fund. Contributions to either and maintenance of the Arena i nance of Basin Trails OR for N Reserve.	TRAILER PARKING KEYS: LBHA members. Check here l	KEY NUMBER to be filled i	Name	Business name:	Address

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have

materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for many broads.

AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Age, if minor	Parent or Guardian must sign	nt or Guardian:
Name(s)	minor,	Name of Parent
Na	ΙĘ	Na

Make Checks out to LBHA

E-Mail Address

Phone

and mail to:

DUES, TRAIL/ARENA FUND,

Or KEYS

AMOUNT ENCLOSED for

P.O. Box 2326 Loomis CA 95650

(Please make out a separate check)

TRAYLOR RANCH FUND

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Help wanted:

Someone to feed 4 horses.



Contact Betty Nelson at <u>916.872.8287</u> (hm) or <u>916.871.0707</u> (cell) for more information.



Next Meeting.

January 21. Round Table Pizza Parlor. Eat at 6:30, Meet at 7:00 Go over plans for the coming year and meeting ideas! Please bring your meeting requests!

February 18 Round Table Pizza Parlor. Eat at 6:30, Meet at 7:00 To be determined.

Exp 4/1/15 Lazy U Ranch Massage Therapy

Tammy Haas
Certified Massage Practioner

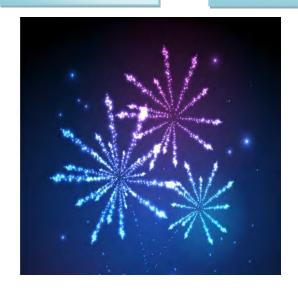
2610 Swetzer Rd Loomis, CA 95650

916-947-4492





For information regarding commissions and purchases please contact Ron Potter, Artist's Representative (530) 269-2766 ronpotter@pacbell.net





From the Loomis Basin Horsemen's Association

Renew your membership.

www.garlic.com/~lbha/NeedToRenew.pdf

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's
Association
P.O. Box 2326
Loomis CA 95650

E-MAIL: lbha@garlic.com

We're on the Web!

See us at:

www.garlic.com/~lbha

Get Info on

Trails

The Arena at the Park
Meetings
Clinics

Traylor Ranch LBHA Horseshow

