

Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 29 Issue 3

March 2013

Newsletter

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PRESIDENTS MESSAGE by Denise Howell

Howdy All,

While our organization is all about trails and preserving the rural community, I can't help but be thinking "Horse Show Season is upon us." This means that I will now be busy preparing my young horse for show season. I'm hoping to see more exhibitors this year as the economy shows signs of recovery. This brings me to my March requests for volunteers for our two annual horse shows in October. We are in need of able bodies willing to do anything from office work to assisting with parking horse trailers. Our 2012 horse shows were a huge success and I anticipate this year being just as great. Again, we'd like to get volunteers early. If you are willing to help out please contact us. We need you.

This March I welcome spring with open arms, Round Up, and a smiling face. I won't mention the allergies so many are complaining about with all our trees in bloom like flower bouquets all through the hills.

We had an excellent meeting in February with guest Kathie Perry from the Western States Trail organization. (see the minutes) LBHA voted a donation to the Western States Trails of \$1000 and because we have our annual horse shows and a good membership, we are able to support these wonderful causes. This money will go to the Auburn Overlook Staging Area (no longer a state park) and maintenance of the trails which costs approximately \$7000 a year.

Lastly, a familiar reminder to all: please share the road and be courteous to others while driving and riding. Take a minute to remind your non-equestrian friends that horses are animals and their reactions to loud noises or unfamiliar objects can be unpredictable, so in order to prevent injury it is best to be very cautious around horses on the trails, etc.

Hope to see y'all at the arena. It's in great shape!

Tally Whoa,



*Denise Howell
& Beethoven*

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE



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Newsletter	Denise Howell	916-207-2543
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Joshua Huntsinger 530 889-7326

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Scott Nakagi 916 988-0205 ext 226
 Brian Moses (trails) 916 240-7198
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TRAYLOR RANCH NATURE RESERVE

Workdays will be starting up again soon. I would like to remind everyone to please pickup after your horse in the parking area. This means hauling the manure home and not forking it to the side of the parking area. And especially do NOT rake out your trailer. And please remind your friends of this that use Traylor Ranch.

Thank you to those who volunteer to help maintain Traylor Ranch. The Ranch is the beautiful accessible place it is due to your efforts.

Please members, if your see any issues during this stormy time of year at our Traylor Ranch, call me or send me an email. If it is an emergency, of course, call 911.

Dave Faoro

TRNR Committee Chariman

dave_lbha@faoro.us (916) 663-3437

*A pony is a childhood dream, a
 horse is an adulthood treasure. ~
 Rebecca Carrol*



Loomis Basin Horseman's Association Minutes February 20,2013

Round Table Pizza Meeting Room

The meeting was called to order at 7:05 PM by president Denise Howells

There was no treasurers report

Denise reminded members of the passing of Dr Richard Barsaleau. There will be a Memorial Service at The Blue Goose March 16, 2013 at 3:00 PM.

Kathy Dombroski gave an arena report. 4H will be painting the jumping standards soon. Also, do not tie your horses on the first two panels of the arena entrance. They interfere with others trying to use the facility. There has also been some complaints of dogs off leashes.

There was a reminder that volunteers will be needed for the October LBHA Annual Horse Show.

Bob Sydnor was absent, there was no trail report.

Dave Faoro said that cleanup work will begin soon at Traylor Ranch. Also, users of the preserve need to be made aware that mountain lion tracks have been seen in the facility.

Kathie Perry, president of the Western States Trails, gave a report on the state of the Tevis Trail. Her association has been active in advancing a Senate Bill that would designate the trail as a "National Historic Trail." In addition, she addressed the problems that many of the previous equestrian trails are now being designated as "multi use" trails. She stated that all the trails in State Parks are now multi use. She encouraged letter writing by members to address these issues.

In addition, the Western States Trails Foundation, concessionaire of "Auburn Overlook" plan to expand the facility with additional camping and equestrian amenities. They have asked users to include a \$5 donation to help maintain the area, as it costs the group over \$7000 a year to maintain.

A motion made by Betty Pfeiffer for LBHA to donate \$1000 to the Western Sates Trails Concession to assist in maintaining the facility. Linda Potter seconded the motion, a vote was takes and the motion was passed.

Linda Potter reminder members that there is a Golden Bear pass that can be purchased for \$20 that will allow entrance into all the Sate Parks. It was also mentioned that if you purchase a Poppy Pass locally the money goes to support local facilities.

The next meeting will be March 20,2013

The meeting was adjourned to 7:58 PM

Nancy Steuck
Secretary

California Dressage Society NEWS!

The Foothills Chapter of the California Dressage Society is hosting a schooling show at McCourtney Road Equestrian Center in Lincoln March 31, 2013. We are offering classes in both English and Western Dressage. Closing date for show is March 27,2013. For entry forms go the our chapter website: WWW.FOOTHILLSCDS.ORG and then go to calendar page to download premium and entry form.

MEMBERSHIP

There are many of you that have DEC 12 expiration dates for your membership and a few that had memberships that expired JUN 12. Would love for all to renew so they can keep the club strong. The list of those that need to renew for Jun 12 and Dec 12 can be found at:

<http://www.garlic.com/~lbha/NeedToRenew.pdf>

Please Renew
Today!

This link is found on the main LBHA Page throughout the year. So if you are not sure, check out the list. There is also a list of those that did not renew in DEC 10. If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

March Performance Horses

Riding Instruction and Training



Samantha March

1270 Fowler Rd.
Newcastle, CA 95658

916.825.5427
smarch05@msn.com

AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month
 ½ page: 1year \$60 Includes Business card on Website.
 ½ page: 6mos \$30

Business Card Ad per issue: \$10 / issue
 Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1
 Full Page Ad: \$25
 ½ Page Ad: \$15
 Business Card Ad: \$10 - Free for **LBHA Business Members**

WEB ADS

Business Card Ad – one year Members \$40
 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members



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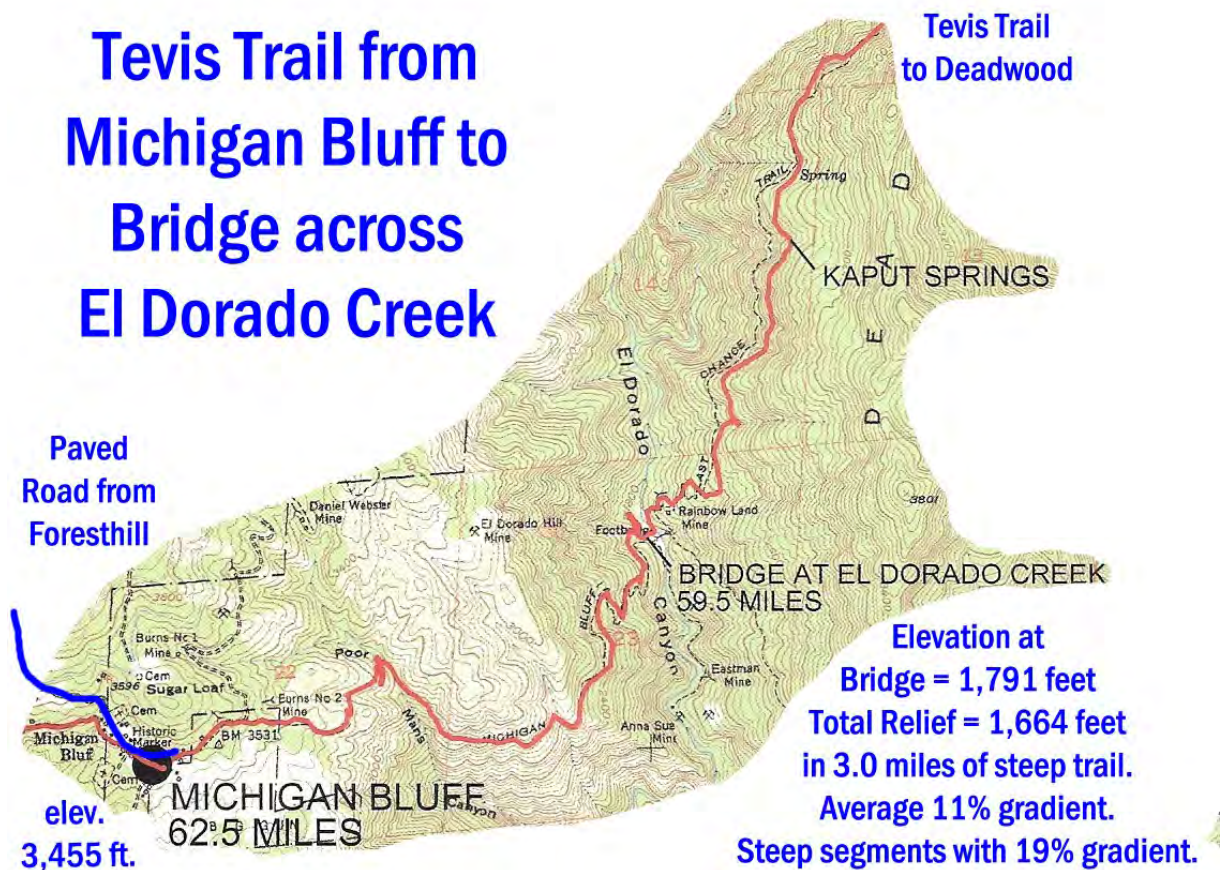
Michigan Bluff to El Dorado Canyon Western States Trail — Tahoe National Forest

by Robert H. Sydnor, *A.E.R.C. Trail Master; Engineering Geologist; Tevis Trail Crew*
March 2013

Introduction:

The historic Western States Trail runs 100-miles from Robie Park near Squaw Valley, over Emigrant Pass at the Watson Monument, through the Granite Chief Wilderness Area, through Robinson Flat, then on to Last Chance, through Deadwood, across El Dorado Canyon, through the historic mining town of Michigan Bluff, then to Foresthill, and finally to Auburn.

This brief report covers only three miles of the 100-mile trail that is used during the annual Tevis Cup. Many long-distance riders utilize this historic trail segment for training and conditioning purposes in the springtime as soon as the winter snow melts away. Because of the steep relief and elevation change (1,664 feet down and then return back up) this short segment is considered to be a tough half-day workout for endurance horses (totaling about 3,328 total feet of elevation for six miles of out-and-back mountain trail). A sure-footed horse should be in “good” condition before attempting this trail segment.



Logistics:

From Auburn, drive on the Foresthill Road, to the Michigan Bluff Road, then park in Michigan Bluff (being careful not to block a residential driveway with your horse trailer). Use a manure fork to clean-up the street. While saddling up in Michigan Bluff, make sure that your horse is offered lots of water to drink. Some riders carry some extra pelleted grass and grain in their saddle bags, plus a collapsible watering bucket so that their horse can subsequently be hydrated. Much depends on the ambient temperature. It can be in the realm of 95°F to 102°F during hot summer months, so horse hydration is important in this steep terrain.

A variation of this 6-mile out-and-back route is to use two separate horse trailers, one dropping off at Deadwood, and the other at the end of the ride at Michigan Bluff. This is 3½ miles of steep descent on a very narrow trail near Kaput Springs, and 3 miles of steep ascent out of El Dorado Canyon.

**Historical Note about the Western States Trail:**

The Michigan Bluff to Last Chance section of the Western States Trail was built in 1850 and later became a maintained toll-trail, perhaps one of only a few toll-trails in the state.

As early as 1850, pack-trains carried supplies down the trail connecting the mining camps of Michigan Bluff, Deadwood, and Last Chance. During this period these camps were dependent upon local freight companies who supplied the camps with foodstuffs, clothing, mining tools, drugs, and other supplies, particularly during the winter months, when access in and out of the camps was difficult. Supplies were brought in by large pack-trains of mules, rather than by wagons which could not negotiate the circuitous narrow trail. By 1852 this trail was in full use and cut in half the time it took to reach Deadwood and Last Chance from the Foresthill Divide.

Leland Stanford, railroad baron, U.S. Senator, California Governor, and founder of Stanford University operated a profitable general store for miners in Michigan Bluff from 1853 until 1855. Selling supplies to the gold miners was the beginning of the Stanford family fortune.



Typical View Along Trail

At left: In the springtime, there will be seasonal water for horses in Poor Man's Creek, but this becomes unreliable by summertime. There are no other springs or creeks on the steep descent into El Dorado Canyon. *At right:* Typical view through the forest (pines, oaks, manzanita) across the Middle Fork of the American River, with Mosquito Ridge Road in the distance. The narrow trail-bed is composed of vertically-foliated Paleozoic metamorphic rocks with quartz dikes.



The last mile down to El Dorado Creek is quite steep with several switchbacks on steep cross-slopes. In several places, the Western States Trail crosses a seldom-maintained Jeep road, but equestrians should stay on the trail and avoid predicaments. The bridge across El Dorado Creek is well above the winter flood zone. There are historic dredge tailings from placer gold mining, plus tent-cabin sites for the 1850's gold miners. Here riders can dismount, hydrate horses, eat lunch, look around while resting horses, then remount for the steep return trip to Michigan Bluff.



Seasonal Skin Conditions Spring (edited for length)



By [D.J. Carey Lyons](#) · May 01, 2012 · Article #29054

Horses are at risk for season-related skin problems stemming from insects, allergies, and bacteria. Ahh, spring. Fields grow greener, leafy trails beckon, and ... "Bzzzz!" What's that? The bugs are back. They're biting. And they've got plenty of misery-causing company.

Having their basis in bug and plant prevalence and weather conditions, many of the skin problems that plague horses are seasonal. This month, with the help of two veterinary dermatologists--one based in Texas, the other in Canada--we'll offer ways to recognize and respond to five skin ailments likely to appear in spring or early summer: insect hypersensitivity, sweet itch, contact dermatitis, scratches, and rain rot. Then in October we'll do the same for problems typically arising in cooler weather.

Insect Hypersensitivity

As spring temperatures warm, several biting insect species--black flies, horn flies, stable flies, mosquitoes, and (of course) horseflies--hatch, proliferate, and seek nourishment. "Insect hypersensitivity is the most common equine allergy," says Christine Rees, DVM, Dipl. ACVD, who taught for 13 years at Texas A&M's veterinary school before opening an equine/small animal dermatology practice in Dallas. More specifically, Ontario Veterinary College associate professor of dermatology Anthony Yu, DVM, MS, Dipl. ACVD, designates spring and summer insect hypersensitivity as insect-bite hypersensitivity, in which the bite introduces saliva that allows the insect to access more blood flow and sometimes triggers an allergic reaction.

Reactions can include severe itching with hair loss and crusting around the mane, tail, and trunk of the body, granulomas (chronic inflammatory lesions), and even heaves, an allergic respiratory disease. But the typical allergic reaction to these insect bites is hives--multiple bumps of fairly uniform size (from less than a quarter-inch to more than an inch across), usually covering an area of the body or neck. Larger hives might "weep" serum, matting the coat and causing sores; smaller ones might just make the skin feel coarse to the touch or cause a patch of hair coat to look rough. (However, hives aren't always caused by bug bites; see sidebar on page 25.)

While some hives don't cause discomfort, typically they are itchy enough that the horse tries to obtain relief by rubbing the affected area. Rees notes this discomfort might bother the horse more than the owner realizes. "Look at body language," she says. "If you touch the affected area, he may wince or otherwise show discomfort." She urges owners not to ride a horse while the condition persists, saying, "I figure that if my skin looked like that, it would bother me."

The best approach to hypersensitivity is prevention: Minimize insects' access to horses by means of barn cleanliness, ventilation, and screens; eliminate standing water where insects breed and larvae can incubate; keep horses in the barn when biting insects are most active; and use protective turnout sheets and fly masks. An additional option, Rees says, is administering a feed-through "insect-growth regulator" that prevents fly larvae in manure from reaching maturity. "Every so often, switch out whatever fly spray you're using because some insects seem to build resistance to a single product over time," she adds.

When bugs bite despite your defenses, Rees suggests using topical steroids, such as over-the-counter hydrocortisone medications, for immediate relief. Yu recommends oral antihistamines, with veterinary consultation. Feeding supplements containing eicosapentanoic acid (omega-3 fatty acids) further alleviates some horses' discomfort.

Sweet Itch

Also called "Queensland itch" or "summer eczema," sweet itch is "a reaction to salivary antigens in the bite of the *Culicoides* gnat," says Yu. In affected horses, small pimplelike papules erupt on the skin, making hair stand erect and causing severe itching. The mane and tailhead are particularly common sites, and the horse might rub them so intensely that they become practically hairless or develop ulceration and scabbing. Testing for antigens confirms the diagnosis. Relief, as with other insect-bite hypersensitivity, starts with topical corticosteroids, followed by systemic antihistamines. Again, supplements with eicosapentanoic acid can reduce allergic reactions, says Rees, who has also found some benefit treating sweet itch "and possibly other insect allergies" with supplements containing MSM (methylsulfonylmethane, an anti-inflammatory often used to treat joints). For intense, chronic sweet itch a veterinarian might prescribe an short-acting oral or injectable systemic corticosteroid.

Scratches

Scratches is a nonspecific diagnosis similar to hives in that a number of things can cause the condition, says Rees. "In some cases the condition is fungal; in some it's bacterial, or a contact dermatitis, or an insect allergy," she explains. Thus, Yu, at the minimum, recommends veterinarians perform diagnostic skin scrapings and cytology (study of the cells) and perhaps a fungal culture. Characteristics typical of scratches--also called "pastern dermatitis" or "greasy heel"--include infection, inflammation, and swelling at the rear of the pasterns and possibly farther up the legs; crusty, scabby, or weepy lesions; skin that's red and painful to the touch; and hair loss.

When treating scratches, Rees says to clip excess pastern hair if the horse tolerates it. Then wash the area gently--since it might be quite painful--with an antiseptic soap such as Betadine surgical scrub or chlorhexidine solution. Leave the scrub on for 10 minutes before rinsing and drying well. Apply antibiotic ointment to the lesions. For severe infections consult your veterinarian, who might prescribe systemic antimicrobials.

Rain Rot

As the name suggests, rain rot--or dermatophilosis, caused by *Dermatophilus congolensis* bacteria--is a rainy-season problem. So if spring is wet, that's when it will probably show up; if fall or winter is wet, it's likely then as well. "The *Dermatophilus* organism needs moisture to proliferate, release, and spread the infective forms of the bacteria, called zoospores. Horses might become infected from direct contact with contaminated fomites (inanimate objects or substances capable of carrying infectious organisms; for example, the bacterium can survive dormant in bits of fallen-off scab for months) or an asymptomatic carrier, or indirectly through transmission by insects," Yu explains. "(Rain rot) needs a triple combination of circumstances, moisture plus bacteria plus trauma, to cause clinical signs. Eliminate any one of those three factors and you eliminate the development of the disease. The 'trauma' could be induced by an insect carrying the organism and whose bite damages the epidermal barrier of the skin, creating an opening for the bacteria to get in. Rain (or moisture in general) is the last necessary ingredient to make it an active disease."

Rain rot proliferates along the back--from neck and withers to croup--as well as on the legs. On the horse's skin, explains Rees, it causes kind of a crust; when the crust lifts up, the skin beneath is ulcerated. In a long winter coat, raised tufts of serum-matted hair, called paintbrush lesions, develop.

Remember that rain rot can spread between horses. Thus, isolate any affected horse; don't share tack, equipment, or blankets; be certain the infected horse is always the last one you handle; and after treating the animal wash your hands and clean the treatment area (e.g., wash rack or grooming stall). To relieve discomfort, "injected or oral antibiotics may be needed," Rees says, "but if the condition isn't too severe, you may be able to deal with it through a topical treatment, such as a peroxide shampoo." Then to avoid enabling bacteria growth, dry the area completely.



MEMBERSHIP FORM
LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Lifestyle

_____ INDIVIDUAL (\$15) _____ FAMILY (\$20) _____ BUSINESS (\$25)
Please submit business card for
Roster _____ NEW MEMBERSHIP _____ RENEWAL _____

PLEASE INDICATE COMMITTEE(S) YOU WOULD LIKE TO SERVE ON _____ CHECK AREAS OF INTEREST _____

_____ Arena	_____ Membership	_____ Trail Riding
_____ Trail	_____ Phone	_____ Western Horseshows
_____ Publicity	_____ County Liaison	_____ English Horseshows
_____ Newsletter	_____ Traylor Ranch	_____ Endurance
_____ Horseshow	_____ Anywhere	_____ Dressage
_____ Work Days	_____	_____ Roping/Cutting
		_____ Other _____

I would like to contribute _____ to the Equestrian Fund or _____ to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis Basin Community Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.

TRAILER PARKING KEYS: Keys are available to members at \$.00 and \$10 to non-LBHA members. Check here if you need a Key _____

KEY NUMBER _____ to be filled in by LBHA)

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LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my benefit.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Signature(s) _____

Name (s) _____ Age, if minor _____

If minor, Parent or Guardian must sign _____

Name of Parent or Guardian: _____

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Next Meeting

MARCH LBHA MEETING - MARCH 20- Round Table Pizza in Loomis. Eat at 6:30. Meet at 7:00. Dr. Eduardo DeLaCruz about horses feet and how they work. Q & A to follow.

APRIL LBHA MEETING - APRIL 17- Round Table Pizza in Loomis. Eat at 6:30. Meet at 7:00. State Parks- Folsom SRA Rangers to speak on the state of the parks and answer questions.

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From the Loomis Basin Horsemen's Association

Renew your membership.

www.garlic.com/~lbha/NeedToRenew.pdf

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's Association

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