

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 30 Issue 9

SEPTEMBER 2014

## Newsletter

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## PRESIDENTS MESSAGE by Denise Howell

*Howdy Pardners!*

Aaaaahhhhhh September. Back in school. Quieter days for busy Moms and horses and ponies get a break. But not so fast! Our annual horse shows are in just 6 weeks. Mark your calendars for October 11th and 12th and clear the days! This is sometimes the "last hurrah" before the weather sets in and we hear there really may be some "weather" this winter. Please come out and enjoy our horse shows and the sunshine. We normally have beautiful horse show weekends and lots of fun for all.

We'd love to have you volunteer or sponsor a class. The sponsorship form is in our newsletter and can also be found online.

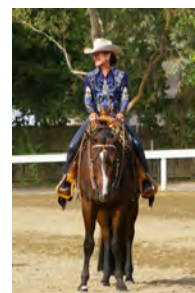
We'll be discussing and streamlining this years horse shows at our October meeting following the shows. Be sure to bring your input. We improve our shows each year and have added some great classes this year including Ranch Horse Pleasure and some fun gymkhana games.

Hope to see you there!



*Tally Whoa*

*Denise Howell  
Latte, Beethoven & Jones*



Email to LBHA has been changed!  
[LBHA@garlic.com](mailto:LBHA@garlic.com)

**SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE**

## 2014 OFFICERS AND BOARD MEMBERS

### COMMITTEE HEADS

<b>PRESIDENT:</b>	Denise Howell	916-207-2543
<b>VICE PRES:</b>	Maureen Henderson	916-663-9362
<b>TREASURER:</b>	Donna Kelly	916-956-6248
<b>SECRETARY:</b>	Nancy Steuck	916-645-9659

### BOARD OF DIRECTORS

Dave Faoro	916-663-3437
Bob Sydnor	916-335-1441
Janis Rau	916-652-0894
Kathy Dombrowski	916-652-5204
Debbie Murphy	916-719-6265

### COMMITTEE HEADS

Trail Info.	Robert Sydnor	916 335-1441
Trail Maint.	Open	
Historian	Donna Kelly	916 956-6248
Publicity-	Open	
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR	Dave Faoro	916-663-3437
County Liaison-Trails	Debbie Murphy	916-719-6265
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Membership	Kathy Dombrowski	916 652-5204

### PLACER COUNTY PARKS ADMINISTRATOR

John Ramirez 530 889-6807

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Scott Nakagi 916 988-0205 ext 226  
 Brian Moses (trails) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)



### TRAYLOR RANCH NATURE RESERVE

The Traylor Ranch trails are in great shape. Come on out and go for a ride or walk. It is especially wonderful early or late in the day. The Fall is some of the best times for using the park.

The trails were in good enough shape that we cancelled the workday for the rest of year. We will be doing some trail mowing and small touch ups but that's it for the season.

If anyone has any questions on TRNR, please don't hesitate to drop me a note.

*Dave Faoro* TRNR Committee Chairman,  
[dave\\_lbha@faoro.us](mailto:dave_lbha@faoro.us)



*Animals are such agreeable friends —  
 they ask no questions, they pass no  
 criticisms. ~George Eliot*



**MEMBERSHIP**

Please renew your membership. The list of those that need to renew for can be found on our website. Click on the "Large" membership button on the Main LBHA page to see the paid up members and the Dec13/Jun 14 need to renew list. Please renew, we need YOU!

**Please Renew Today!**

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

Being an LBHA Member is a great way to give back to our community. We thank you in advance. Thank you.

**March Performance Horses**  
Riding Instruction and Training



**Samantha March**

1270 Fowler Rd.  
Newcastle, CA 95658

916.825.5427  
smarch05@msn.com

**AD FEES For LBHA Members**  
(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

**WEB ADS**  
 Business Card Ad – one year Members \$40  
 Classified Ads- Free to Members

**NOTE add \$10 to fee for Non-LBHA members**



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**HAY & FEED & TACK**

Keely Paregian — Proprietor  
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www.scottscornerhay.com scottscornerhay@gmail.com

*For animals large and small.*



**"The Howell Team"**

**Dean Howell** 916-599.9338  
dean.howell@cbtnorcal.com  
CalBRE# 00982650

**Denise Howell** 916.207.2543  
denise.howell@cbtnorcal.com  
CalBRE# 01110357

[www.deananddenisehowell.com](http://www.deananddenisehowell.com)



500 Auburn Folsom Rd. #300  
Auburn, CA 95603





## Loomis Basin Horseman's Association Minutes

No meeting.

# High Meadows Trail

South Lake Tahoe area, Cold Creek drainage

near Heavenly Valley Ski Area

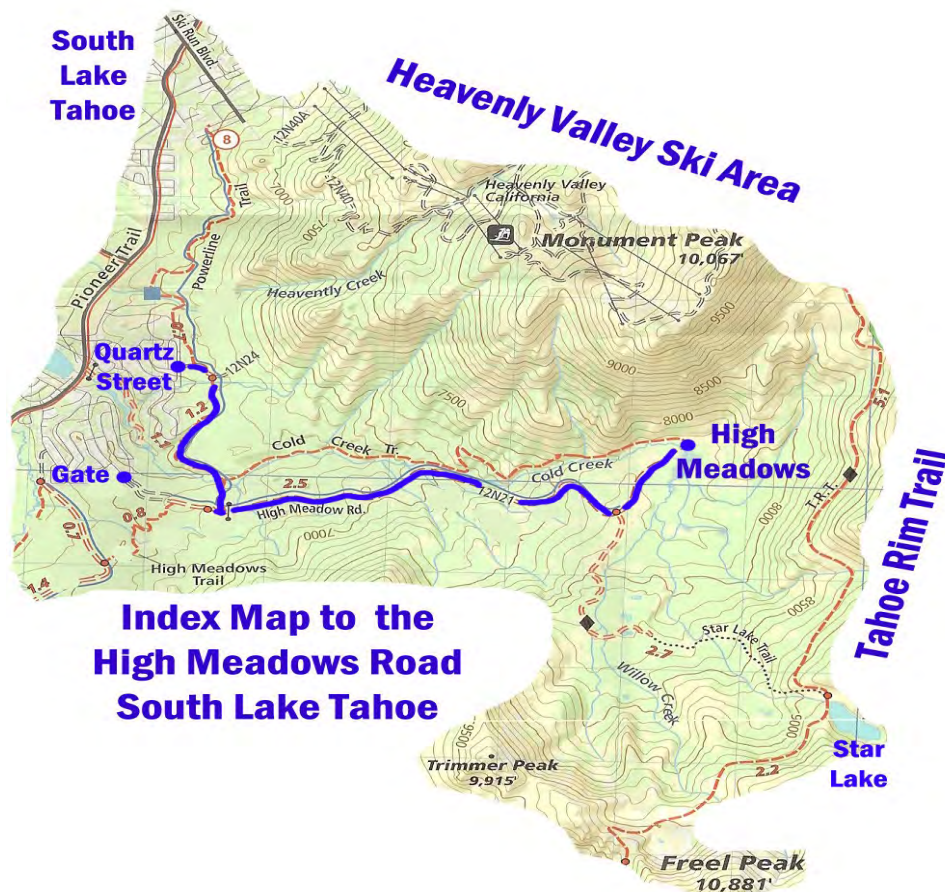
U.S.F.S. Lake Tahoe Basin Management Unit, Eldorado National Forest

by Robert H. Sydnor, *Geologist and AERC Trail Master*

**September 2014**

### Introduction

The High Meadows Trail along a full-width gravelled road (U.S.F.S. Road #12N21) is a high-altitude trail into the grassy High Meadows (elevation 7,740 feet), Star Lake, and access to the southeastern sector of the Tahoe Rim Trail. This is not in the USFS wilderness area, so there is no permit needed for day rides. The High Meadows Trail is quite steep, so it is a rigorous conditioning ride for horses. There are several locations for equestrian drinking. The High Meadows Trail provides access to Star Lake (elevation 9,120 feet) and Freel Peak (elevation 10,881).



### Trailheads and Logistics

The High Meadows Trail is not often utilized by equestrians, and the reason is lack of a horse assembly area and full-sized trailhead with turning radius for horse trailers.

Access is from Pioneer Trail, a major paved boulevard that connects South Lake Tahoe with the town of Myers on Highway 50 and 89. There are suburban residential communities where the Cold Creek and High Meadows trail system connects to roads. Local residents often hike on these USFS trails which are in their backyards.

One public entry location (not really a trailhead) is on Quartz Street at Lake Alice Road, where there is space for one horse trailer.

Another public entry is on High Meadows Trail (a paved residential street) at Sierra House Elementary School with several possibilities for horse-trailer parking on Sierra House Trail (a paved residential street) and Marshall Trail (a paved residential street). Sorry about the nomenclature confusion between a "Trail" that is a paved residential street, and a "trail" that is hiking, equestrian, and mountain-biking trail.

It is *not* recommended to take a horse-trailer into the High Meadows Trailhead because there is *no* turn-around space and *no* parking space for truck & trailers. Park on a paved residential road (do not block driveways), and simply ride your horse another half-mile into the beginning of the trail system. There are no amenities, meaning: no hitching posts, no horse watering troughs, no restrooms, and only one bulletin board. But the High Meadows Trail is a great access route into the high-altitude trail system of southeastern Lake Tahoe.

The upper (=eastern) segment of the Cold Creek Trail is **not safe for horses** because of drop-offs and boulders. It is a double-black diamond trail (=possible injury) for mountain-bikers.







**High Meadows Trailhead and Bulletin Board**

*At left:* The trail fords Cold Creek at High Meadows. *At right:* Trailhead kiosk



**Horse water drinking at ford on Cold Creek with connector path to Cold Creek Trail.**



**Bridge across Cold Creek with connector to Powerline Trail**

*At left:* The High Meadows Trail parallels Cold Creek. There is one location where horse drinking from the creek is advisable. This is a steep alpine trail, and horses will appreciate hydration whenever possible. *At right:* A modern arched glue-lam bridge across Cold Creek, with connector to the Powerline Trail.



**High Meadows Trail, steep & full width**



**Junction with Star Lake Trail**

**High Meadows Trail**

*At left:* Typical view along the High Meadows Trail. It is steep and climbs about 1,300 feet in 2.5 miles. There are many rolling grade-dips in the roadbed for erosion control. This helps to keep sediment out of Lake Tahoe. Remember the aphorism: "Keep Tahoe Blue."

*At right:* the junction with the Star Lake Trail and access to the Tahoe Rim Trail.

## Q and A Ask the Vet



**Q.** After a recent ride, I picked up my horse's hoof and found that the frog was hanging off. I've included a photograph I took of it. Why is my horse's frog falling off, and what should I do about it? Is he okay?

**A.** The picture reflects a normal process in the horse's foot called exfoliation. Many people understand exfoliation in terms of human skin cells whereby dead cells are chemically or mechanically removed to improve the aesthetic look of the skin. The horse's sole and frog are

similar in their cellular makeup to skin and therefore undergo a process whereby older cells "shed" over time.

The process involves the outward migration of epidermal cells that slowly die and accumulate keratin. Keratin holds the dead cells together into a structural, protective, tough covering like a Band-Aid. In most cases, exfoliation of the frog goes unnoticed or is seen when the farrier trims the feet. (It's also what the dog likes to eat after your farrier's visit!)

In certain environmental conditions, however, this structural covering will "shed" or exfoliate all at once or in a large piece. Much like a snake shedding its skin, the appearance can be very similar to the live anatomical structure and can therefore be concerning. If there is some retention of tissue in the normal process of exfoliation, as in this picture, then the process can be attenuated by trimming away the remaining dead keratinized frog.

[Britt Conklin, DVM](#)

**(Note: This is not an LBHA sponsored event)**

### **LBHA members!**

October 3-5, 2014 has been reserved at the V6 Ranch,  
Parkfield, Ca for a three day

Event. It's a 20,000 acre working cattle ranch with 50 miles of trails in the beautiful central valley foothills.

The three days will include fully catered, breakfast, lunch, dinner( with appetizers, cocktail hour before), all the trail riding, cattle drive, Learn cattle work( sorting, cutting, roping and just a fun experience in a beautiful, wooded campground. Campground has pens for your horse, round pen, wash racks. You may high line or bring your own pens. Plenty of water hookups for RV or living quarters, real bathrooms, showers. A bunkhouse with six rooms( 2 person occupancy) is available for those who choose not to camp. Bring your own horse or use a ranch horse( small extra charge).

\$375 per person, all inclusive. Bunkhouse and horse rental extra.

Enjoy a beautiful ranch with new and old friends. Deposit required to hold space as ride is limited to 30.

Let me know by phone or email if you would like to participate by July 1. 2014,

Debbie Murphy  
916-719-6265  
Equuspassage@ [aol.com](mailto:equuspassage@aol.com)





**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

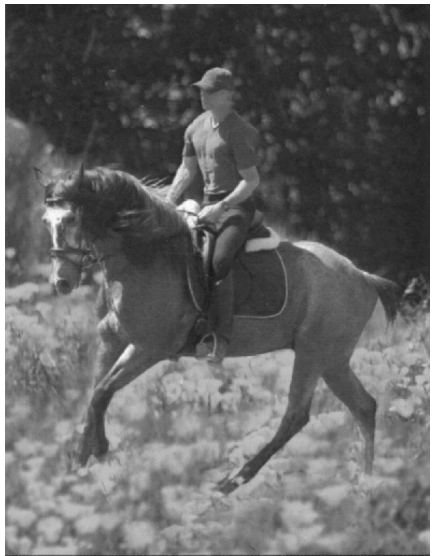
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**(916) 652-7645**  
2973 Penryn Road Penryn, CA 95663  
Visit us at: [lbemc.com](http://lbemc.com)

**DOCTORS**

Langdon Fielding, DVM, Dipl ACVECC  
Catherine Jacobs, DVM  
Jill Higgins, DVM  
Robert Morgan, DVM  
Diana Stolba, DVM  
Eduardo DeLaCruz, DVM  
Jennifer Mayer, VMD  
Emily Wilson, DVM  
Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery  
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



**Martin Courtney**  
Dressage Training  
**(916) 719-5789**  
[MCDressage.Shutterfly.com](http://MCDressage.Shutterfly.com)

# Knicker Knob

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Exp 9/1/14

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**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30-7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

**Amenities** 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346  
[www.knickerknobstable.com](http://www.knickerknobstable.com) [Facebook.com/KnickerKnobStable](https://www.facebook.com/KnickerKnobStable)



## LBHA 2014 HS Sponsorship Form

The Loomis Basin Horsemen's Association (LBHA) is seeking sponsorships for its benefit English/Western Schooling Horse Shows to be held on October 11 & 12, 2014  
(LBHA Tax ID # 680001143)

LBHA is a non-profit organization dedicated to the development and preservation of facilities and trails in the Loomis Basin area of South Placer County for use by all horsemen. LBHA uses all profits from the benefit shows to help achieve these goals. Contributions are tax deductible and will be placed into the LBHA Arena/Trail Fund & the Traylor Ranch Fund. The following sponsorships are available:

Sponsor Type	Description	Sponsorship Cost
<i>General Sponsor</i>	Your name will appear on the show program and will be announced during the day of the show	\$10.00
<i>Class Sponsor</i>	Your name will appear on the show program as a class sponsor and will be announced individually during the class you are sponsoring as well as throughout the day of the show. ( With two class sponsors - you may put up a BANNER)	\$25
<i>Booth Exhibitor</i>	You may set up a booth at the show in a designated area. Your presence will be announced during the day. BANNER	\$30 for 1 day \$50 both days

**Sponsorship Record:**  
 Type of sponsor:    **General**     **Class**     **Booth**   
 Corporate Sponsor    **Silver (\$100-499)**     **Gold (\$500 - 999)**     **Platinum (\$1000 & up)**

**\*BUY TWO CLASS SPONSORSHIPS a BOOTH OR A CORPORATE SPONSORSHIP, AND HAVE YOUR BANNER PUT UP ON THE ARENA FOR THE SHOW**

Date \_\_\_\_\_ Check number: \_\_\_\_\_ Amount: \_\_\_\_\_

**Thank you for your generous donation**

~~Please keep this section as your receipt.~~ -----

LBHA MEMBER - YES    NO

Mail this bottom section of the sponsorship form to  
**Make checks out to LBHA**

**Loomis Basin Horsemen's Association**  
**P.O. Box 2326, Loomis CA 95650**

Name \_\_\_\_\_ Business if Applicable \_\_\_\_\_

Address \_\_\_\_\_ City/Zip/State \_\_\_\_\_

I would like to support the LBHA Benefit Horse Show As a:    Phone \_\_\_\_\_

General Sponsor     Class Sponsor     Booth Exhibitor  for Amount \$ \_\_\_\_\_  
 Corporate Sponsors    Silver (\$100-499)     Gold (\$500 - 999)     Platinum (\$1000 & up)

Product/gift certificate and value: \_\_\_\_\_

As a Class Sponsor, I would like to sponsor the class types indicated:

Halter / in hand     Equitation     Pattern class     Pleasure Class     Trail  
 Hunter/Jumper     Walk-Trot/Leadline     Any class     Specify a class \_\_\_\_\_

As a Booth Exhibitor, I will be selling/showing \_\_\_\_\_ Date \_\_\_\_\_

**NOTE: Due to space only booths representing Breed or Trail Organizations, Feed, Tack or Equestrian supplies/services will be accepted. If space is available, other booths will be considered.**

MEMBERSHIP FORM  
LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Lifestyle

\_\_\_\_\_ INDIVIDUAL (\$15) \_\_\_\_\_ FAMILY (\$20) \_\_\_\_\_ BUSINESS (\$25)  
Please submit business card for  
Roster \_\_\_\_\_ NEW MEMBERSHIP \_\_\_\_\_ RENEWAL \_\_\_\_\_

PLEASE INDICATE COMMITTEE(S) YOU WOULD LIKE TO SERVE ON \_\_\_\_\_ CHECK AREAS OF INTEREST \_\_\_\_\_

_____ Arena	_____ Membership	_____ Trail Riding
_____ Trail	_____ Phone	_____ Western Horshesows
_____ Publicity	_____ County Liaison	_____ English Horshesows
_____ Newsletter	_____ Traylor Ranch	_____ Endurance
_____ Horshesow	_____ Anywhere	_____ Dressage
_____ Work Days	_____ Roping/Cutting	_____ Other _____

I would like to contribute \_\_\_\_\_ to the Equestrian Fund or \_\_\_\_\_ to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis Basin Community Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.

TRAILER PARKING KEYS: Keys are available to members at \$.00 and \$10 to non-LBHA members. Check here if you need a Key \_\_\_\_\_

KEY NUMBER \_\_\_\_\_ to be filled in by LBHA)

Name \_\_\_\_\_ Date \_\_\_\_\_

Business name: \_\_\_\_\_ Juniors \_\_\_\_\_

Address \_\_\_\_\_ Juniors \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

AMOUNT ENCLOSED for \_\_\_\_\_ Make Checks out to LBHA  
DUES, TRAIL/ARENA FUND, \_\_\_\_\_ and mail to:  
Or KEYS \_\_\_\_\_

TRAYLOR RANCH FUND \_\_\_\_\_ LBHA  
( Please make out a separate check) \_\_\_\_\_ P. O. Box 2326  
Loomis CA 95650

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my benefit.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Signature(s) \_\_\_\_\_

Name (s) \_\_\_\_\_ Age, if minor \_\_\_\_\_

If minor, Parent or Guardian must sign \_\_\_\_\_

Name of Parent or Guardian: \_\_\_\_\_





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more blankets NO FEE charged)

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Exp 1/1/15

### Next Meeting.

**October 15.** Round Table Pizza Parlor. Eat at 6:30, Meet at 7:00 Horse show meeting discussion and improvements.

**November 19.** Round Table Pizza Parlor. Eat at 6:30, Meet at 7:00 Officer and Director nominations.

Exp 4/1/15

## Lazy U Ranch

Massage Therapy

**Tammy Haas**

Certified Massage Practitioner  
Lic. #29837

2610 Swetzer Rd  
Loomis, CA 95650

916-947-4492



Your Business Card  
Here





# Enjoy Your Labor Day Weekend!



*From the Loomis Basin Horsemen's Association*

**Renew your membership.**

[www.garlic.com/~lbha/NeedToRenew.pdf](http://www.garlic.com/~lbha/NeedToRenew.pdf)

## **ABOUT LBHA**

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

### **Loomis Basin Horsemen's Association**

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
[lbha@garlic.com](mailto:lbha@garlic.com)

We're on the Web!

*See us at:*

**[www.garlic.com/~lbha](http://www.garlic.com/~lbha)**

**Get Info on**

Trails

The Arena at the Park

Meetings

Clinics

Traylor Ranch

LBHA Horseshow

